



HIGHLAND PARK ELEMENTARY SCHOOL NEWSLETTER #3 November 2018

It's a pleasure to be a new part of the Highland Park Elementary family! I'm very excited to be here at HPE to fill in for Mr. Ellis while he is away for the next few months. I look forward to getting to know students, staff, parents and the community during my time here. Please don't hesitate to introduce yourself to me!

October was a busy month at Highland Park Elementary. What would October be without Halloween? There were so many amazing costumes and activities for the students. November promises to be just as busy with our Remembrance Day Assembly, field trips and a cultural event.

Please read on further for events happening at the school. November will be a busy month.

Sincerely,

Jared King

Breakfast Program

A huge thank you to the Armstrong Spallumcheen Auxiliary for their generous donation of \$1000 in Askew's Gift Cards! The donation will be put to very good use.



Garbage free Snacks

Please help us keep our playground litter-free by sending litter-free snacks to school with your children. Students will be encouraged to take a snack out with them and leave the garbage inside.

Some suggestions are granola bars, cookies, and fruit, which can be peeled before leaving the building. If we continue to work together, we can maintain a clean, healthy environment, both inside and outside of our school.

GOAL 1 STATEMENT: Math: To improve student success in Math foundational concepts and skills

GOAL 2 STATEMENT: Social Responsibility: Students will use communication and cooperation skills in a positive way to respond to anger and frustration. They will develop an understanding of accepted behaviours in different settings.



Toonie Tuesday

A huge thank you to our school community! Through your generosity, our school raised close to \$600. This year's Toonie Tuesday global funds will go to support a village in Nicaragua. As always, schools will be able to apply to our District Student Leadership "Me to We" Committee for funds to support local projects.

New Author

Congratulations to Anna Hodge who has published her very first book, *Twig's Halloween Adventure*. We now have our very own copy of Anna's book in our Library. We are all very proud of her!



Parent/Student/Teacher Conferences

Just a reminder that our parent/student/teacher goal setting conferences will take place on November 8th. Make sure you have booked your meeting time on Parent Connect.

Students will be dismissed and buses will run three hours earlier with the bell ringing at 11:05. Please make sure any arrangements have been made for pick up if necessary.

The Six Core Strengths for Healthy Brain Development

Each of the following six core strengths developed by Dr. Bruce Perry, Senior Fellow, The Child Trauma Academy, www.childtrauma.org, is a building block in a child's development.

Together, they provide a strong foundation for his or her future health, happiness, and productivity.

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ATTACHMENT – Be a friend. The most important gift you can give a child is the gift of attachment, the ability to form and maintain healthy emotional bonds with another person. It is first acquired in infancy, as a child interacts with a loving, responsive and attentive caregiver.

Healthy attachments allow a child to love, to become a good friend and to have a model for future relationships. As a child grows, other consistent and nurturing adults such as teachers, family friends and relatives will shape the child's ability for attachment.

What you can do to promote the development of healthy attachment: The most important ingredients in building attachment in your children are your time and approval. At every age these two factors develop and strengthen attachment.

For Very Young Children

- Read a story together, pausing to talk about what is happening.
- Sing a familiar song with your child or make up a new one
- Go for a leisurely walk hand-in-hand
- Remind them at every opportunity, and at least three times a day, how special they are to you.
- Limit the amount of time your child spends watching television and substitute an activity where you interact together

For Older Elementary School Children

- Tuck a "love note" into their jacket pocket and give plenty of hugs.
- Sit together while they do their schoolwork and you read or make your grocery list
- Work on a special project together: cooking, gardening, model building, etc.
- Display their artwork and school papers in a place of honor.
- Continue to limit the amount of time your child watches television or plays video games in favor of interactive activities.

Water Walk

On Tuesday, October 23rd, our students participated in our Annual Water Walk. The Water Walk is an opportunity for students to experience and understand what life is like in developing countries. In many countries, women and children must walk for several kilometers in order to access water for their families. Our students will walk over to the creek on the IPE grounds next door, and then carry the water back to the school. Thank you to Ms. Coombs for organizing this event!

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Code Mobile

Our school was very fortunate to have Code Mobile visit our school. Code Mobile started as a van driving across Canada teaching coding skills to students. They now have 14 vans that cover the country. They bring all of their technology to the school and teach classes how to code. Four classes in our school participated and learned to make a mini-video game using a program called Scratch.



Winter Concert

Hello HPE parents. Mrs. Mehes and I (Mrs. Lelond) are very excited to be hosting this years' Winter Concert at PVSS in their gym! This venue will allow ALL students and ALL family and friends to attend the SAME concert! It will be a beautiful celebration of the season through song. Our theme this year is 'The Colours Of Christmas' focusing on the coming together of friends and family and the feelings of sharing and togetherness. Stay tuned for the specific coloured top your child will be requested to wear with dark coloured pants.

We do need some help with this event and are looking for some parents to help set up the stage and risers in the PVSS gym on the day of the concert, which is December 4th starting at 6:00 pm. Set up would likely only take a few hours and will be taking place after school. If you are able to lend a hand or would like more information before you commit, please email Mrs. Lelond right away at clelond@sd83.bc.ca. Thank you for supporting music in our schools!

Mrs. Lelond



At Highland Park Elementary School
we believe:

Respect of self, others, and property

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